



The University of Waterloo Warriors Football present Huddle Up, a **FREE** community outreach program for your elementary school class. This exciting new program would be perfect for your school this spring.

A TYPICAL 90 MINUTE SESSION

- » Introduction
- » Education and you (creating opportunities)
- » We're all teammates, stop bullying in its tracks (anti-bullying)
- » Have fun, get moving! (focus on healthy eating and activity)
- » Transition to the field, break up into 8 groups
- » Pioneer Energy Autograph Session
- » 10 station circuit featuring: bag drills, pop up swat and move, cone races, passing, catching, punting, (6 minutes per station)
- » Group picture

SESSIONS RUN MAY 16 - JUNE 23, 2018. LIMITED TIMES AVAILABLE, RESERVE EARLY TO AVOID DISAPPOINTMENT. ALL EQUIPMENT WILL BE SUPPLIED. 120 PARTICIPANTS MAX.

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 The Huddle-Up Program was an unforgettable experience for our junior classes! It was very well run and organized, focusing on teamwork and athleticism.”
Amy Fraser - Alpine Elementary School
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 The Waterloo Warriors Huddle-Up program was amazing! Our students (grades 3 through 6) participated in fun football drills and were treated to a motivational talk from the Warrior players. The Warrior Players and Coaches were inspiring and extremely encouraging with the students. Our students and staff can't wait to have this program back to our school!
Peter Banks, Elizabeth Ziegler Elementary School
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FOR MORE INFORMATION OR TO BOOK A SESSION, CONTACT:

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