

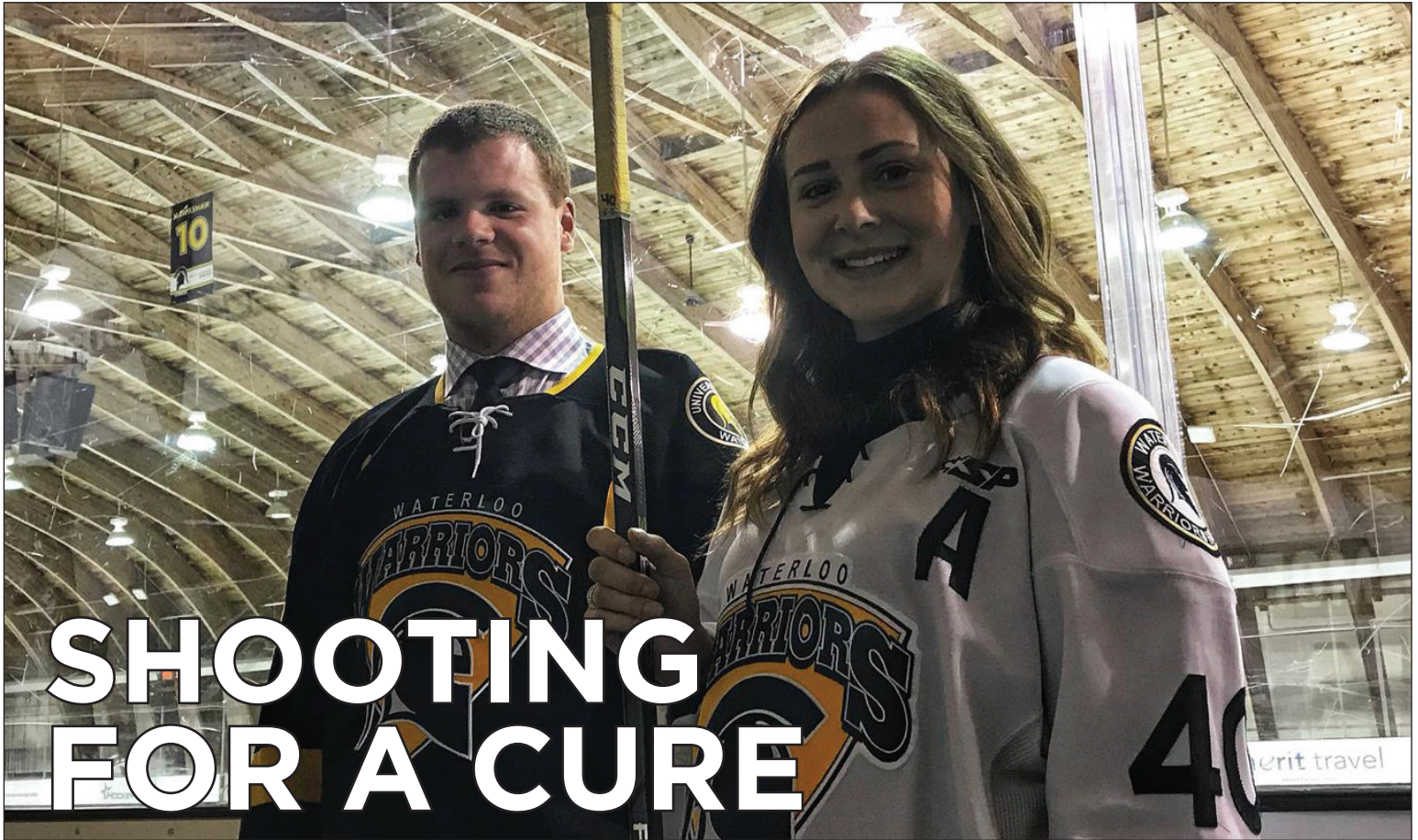


WARRIOR REPORT

14th Edition

Warriors Hockey Alumni Newsletter

November 2017



SHOOTING FOR A CURE

Mike Moffat and Amber Shewfelt share a common goal of ending Cystic Fibrosis. And they have one very personal reason driving them.

Amber Shewfelt and Mike Moffat are, in many ways, a standard active couple in their early 20s. They both have a passion for sports and fitness, but the recently-engaged couple also annually participates in the Walk to Make Cystic Fibrosis History each May. It's one of the countless things they do in support of cystic fibrosis awareness, because they know how important it is to help fund treatments – and ultimately, a cure – for the 1 in 3,600 Canadians that are born with CF. They know, because Amber is one of them.

Amber Shewfelt was diagnosed with cystic fibrosis when she was 2 years old. In addition to her regimen of medications and inhalers, her active lifestyle is also an effective treatment for CF – and that lifestyle often crosses paths with raising funds and awareness for the disease. In the first year of their partnership, when Mike was playing with the OHL's Kingston Frontenacs, he started following Amber's lead in CF voluntarism. Then, when Mike enrolled at his hometown school and joined the Warriors in 2014, his and Amber's

efforts snowballed: they now take part in year-round bottle drives, they host poker nights, car washes, and garage sales, and they do public speaking engagements through the Shinerama organization and the Kitchener-Waterloo chapter of Cystic Fibrosis Canada. And their hard work isn't going unnoticed. This past May, Amber and Mike recruited several of his Warriors teammates to join their Walk team, led by popular K-W radio personality Mike Farwell. The result was an astonishing \$131,663.82 raised – the most by any team across the country. And in

2016, Mike received the OUA West Division Randy Gregg Award of Merit, for his work in hockey, the classroom, and the community. "All three are my top priorities – school, hockey, and CF," says Mike. "It didn't take me long to see the passion Amber has for it. And I quickly realized how much I loved it too" "CF is becoming a household name, and Canada is leading research around the world," added Amber. I really do feel like CF will be cured in my lifetime, and I want to be a part of that. It's absolutely my job to help get there."

Local legends and Warriors grads join coaching staff

Ben Fanelli and Mike Zettel became local legends while manning the blue line for two different Waterloo region teams, some three decades apart. Now, the pair are looking to write the next chapters of their respective stories behind the same bench.

Zettel joined the coaching staff as an assistant coach, while Fanelli has been promoted to the role of Associate Coach for the 2017-18 season. Fanelli and Zettel will run the club alongside head coach Brian Bourque, who's entering his thirteenth season as Warriors head coach.

Fanelli, a former captain of the Kitchener Rangers, has a well-documented history in hockey: He joined the Rangers as a 16-year-old in 2009, and suffered a catastrophic head injury in just his seventh OHL game, missing nearly two full seasons before returning to the Rangers in 2011. After serving as assistant coach with the Warriors a season ago, Fanelli is now jumping into the full-time role as Associate Coach, and Bourque thinks he's more than ready for the gig.

"Ben interacts well with people, and he's a motivator," said Bourque. "He has a lot of



After serving as an assistant last year, former Kitchener Rangers captain Ben Fanelli takes over as the Warriors' full-time associate coach in 2017-18

natural ability in those traits. For him to spend a year as an assistant, and to be a part of it, that was a really good confidence builder. He knows he can do this job and be comfortable."

While Fanelli is an up-and-comer in the coaching ranks, Zettel comes to the Warriors with extensive coaching experience, as the Guelph native was a head coach in the German, Swiss, and Austrian profession-

al ranks for nearly 15 years. But this isn't Zettel's first tour of duty with the black and gold – before he was a coach, Zettel was an all-star defenceman with the Warriors from 1974-78, and he's one of only 13 players in school history to be named to an All-Canadian team (1978).

"There are lots of alumni that have interacted with Mike that speak very highly of him," said Bourque. "He's coached in Europe, so I think he can offer different solutions to problems that we can offer with a North American background, and I just see the game evolving to include that. He's been through it all, and he just gets it."

In addition to Zettel and Fanelli, the Warriors have also added former NHLer and assistant coach Brett MacLean as scoring coach, as well as welcoming former Warriors All-Canadian Keaton Hartigan to the staff as a goaltending coach alongside returning goalie instructor Matt McGahey.

2017-18 Warriors hockey staff

Brian Bourque - Head Coach
Ben Fanelli - Associate Coach
Michael Zettel - Assistant Coach
Matt McGahey - Goalie Coach
Keaton Hartigan - Goalie Coach
Brett MacLean - Scoring Coach
Jackie McCarl - Head Therapist
Andrew Hopf - Strength/Cond. Coach
Bruce Norman - Video Coordinator
Adam McGuire - Communications Director

Trevor Black - Equipment Mgr.
Jackie McCarl - Head Therapist
Lindsey Parent - Student Therapist
Quinton Granville - Student Therapist
Abid Karmali - Student Therapist
Lindsay King - Team Manager
Dan Ciparis - Analytics
Matt Sinclair - Ass't Equipment Mgr.
Cody Malone - Ass't Equipment Mgr.

2017-18 Waterloo Warriors recruiting class



Markson **Bechtold**

Forward - 6'1", 194 lbs
 Rec & Leisure
 Strathmore, AB
2016-17:
 Spokane/S'toon (WHL)
 33 GP, 8 G, 7 A, 15 pts



Lee **Dower**

Defenceman - 5'11", 176 lbs
 Arts
 Conception Bay South, NL
2016-17:
 Miramichi (MHL)
 48 GP, 14 G, 35 A, 49 pts



Brandon **Grandinetti**

Defenceman - 5'10", 165 lbs
 Kinesiology
 Sault Ste. Marie, ON
2016-17:
 Kitchener (GOJHL)
 49 GP, 12 G, 27 A, 39 pts



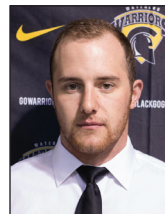
Trevor **Martin**

Goalie - 6'0", 180 lbs
 Rec & Leisure
 Ardrossan, AB
2016-17:
 Calgary (WHL)
 22 GP, 4.06 GAA, .859 SV%



Keigan **Goetz**

Forward - 6'0", 215 lbs
 Arts
 New Hamburg, ON
2016-17:
 Halifax (QMJHL)
 59 GP, 8 G, 12 A, 20 pts



Connor **Cole**

Forward - 5'9", 170 lbs
 Rec & Leisure
 Kitchener, ON
2016-17:
 Kitchener (GOJHL)
 48 GP, 22 G, 52 A, 74 pts

BY THE NUMBERS

15 Warriors players that earned **Academic All-Canadian** status in 2016-17, awarded to players that achieve an 80% or higher academic average. The honours list included **Adam Bignell, Sam Caldwell, Zac Coulter, Mitch Elliot, Nick Halagian, Ryan Hanes, Chris Hurry, Nik Knezic, Mike Moffat, Michael Morgan, Mike Morrison, Daniel Perigo, Stephen Silas, Mitchell Smith, and Riley Sonnenburg.**

110 **Consecutive games played** (and counting) by Warriors defenceman **Ryan Hanes**, through the 2016-17 season. The former OHLer was a healthy scratch in his first game as a rookie, and has been in the Warriors lineup in every game since. His ironman streak is currently the longest in the OUA.

5 Warriors who shaved their heads to help raise money for the Department of Athletics' annual **Think Pink** campaign in support of the Canadian Cancer Society. **Mike Moffat, Zac Coulter, Nick Halagian, Lee Dower,** and arena public address announcer **Jay Shaw** went under the clippers for the cause, and the team raised **nearly \$4,000** for breast cancer research.

322 Regular season games coached by **Brian Bourque** through the 2016-17 season - **the most games coached in program history.** Entering his 13th season as bench boss, Bourque's all-time record is 188-104-25-5, and he sits just 12 wins shy of the school record for victories.

Trio of former Warriors reach pro ranks

For virtually every young adult that enters university, the dream scenario involves finding a career that's also your passion after graduating. In the summer of 2017, a trio of recent Warriors grads made that dream a reality.

Defenceman Stephen Silas (class of 2017) signed a pro contract with pro club Gamyo d'Epinal, in France's top pro league. Meanwhile, former teammate Andrew Smith (class of 2016) was hired by the NHL as a full-time linesman, and former captain Kirt Hill (class of 2013) joined the Chicago Blackhawks as an amateur scout.

Silas, a native of Georgetown, Ontario, was named to the OUA West All-Rookie team in 2014. Playing top-pairing minutes for most of his career, he registered 16 goals and 47 assists for 63 points in 111 games, including a career-high 28 points in 28 games in 2015-16. The two-time Academic All-Canadian was also an ironman with the Warriors, as Silas never missed a game in



Stephen Silas has signed a pro deal in Epinal, France

his four-year career.

As for Smith, his rise in the officiating ranks can only be considered meteoric. After graduating with 21 goals and 18 assists for 39 points in just 42 career games, the Kitchener native spent last season manning the lines in the Ontario Hockey League. His work there earned him a spot working the league championship series and the Memorial Cup, before the NHL came knocking. Smith made his debut in Pittsburgh on opening night of the 2017-18 season, working the game between the Penguins and the St. Louis

Blues.

Hill, a Winnipeg native, comes to the Blackhawks after working for three years as the Western Hockey League's manager of player development and recruitment. During his time at Waterloo, Hill notched 77 points in 98 games, and captained the Warriors to their most recent appearance at the University Cup in 2013. He also left Waterloo with a degree in Recreation and Sports Business, which will serve him well in his new role - Hill will be a key part of the Blackhawks' draft strategy and talent evaluation.

Coulter, Moffat named to OUA All-Star teams



Forward Zac Coulter had an explosive first season for the Warriors, earning a spot on the OUA West all-rookie team

Mike Moffat was named an OUA west second-team all-star for the second straight year, while Zac Coulter earned a spot on the OUA all-rookie team for the 2016-17 season.

Moffat finished the year with one goal and 12 assists, while playing top-pair minutes for the Warriors. The Waterloo native also claimed a silver medal with team Canada at the World University Games in February.

Coulter had an outstanding rookie year with the Warriors, leading the team in assists (15) and points (21). He's the first Warriors forward to earn OUA all-rookie honours since Colin Behenna in 2013.

Zettel's All-Canadian banner raised to the rafters

Forty years ago, Mike Zettel authored one of the greatest seasons ever by a Waterloo Warriors defenceman. Now, a reminder of his dominance will forever hang in the rafters of the Columbia Icefield Arena.

Zettel will have his All-Canadian banner raised during Alumni weekend in 2017, commemorating his second-team All-Canadian selection in 1978. The Guelph native played from 1974-78 with the Warriors, earning OUAA all-star honours three times in his four seasons with Waterloo. Zettel notched 22 goals and 57 assists for 79 career points in his four seasons at Waterloo, but it was in his senior season when Zettel

made a name for himself on the national level.

The 6'0" rearguard had a dominant 1977-78 season – he anchored the Warriors blue line, while scoring 8 goals and adding 19 assists for 27 points in just 20 games. For his efforts, Zettel became just the second Warrior – and first defenceman – to earn All-Canadian honours.

The ceremony will commemorate the 40th anniversary of Zettel's second-team All-Canadian selection. He will become the third Warriors player so far to have his All-Canadian banner raised – joining defenceman John Wynne (1996) and forward Ron Hawkshaw (1974)



– as the Warriors continue to honour all thirteen players in program history to earn All-Canadian status.

After his playing career, Zettel played and coached professionally for parts of three decades in Germany and Austria. Making

his banner-raising ceremony all the more special, Zettel rejoined his alma mater as an assistant coach in 2017 – so he'll see his accomplishments acknowledged in front of his current players and coaching peers.

SUPPORTING WARRIORS HOCKEY

Athletic Financial Awards

Athletic Financial Awards (AFA's) have grown exponentially 7 or 8 seasons. Current OUA rules allow athletes in the conference to receive a maximum of \$4,500 per year if the athlete maintains a 70% academic average.

The Warriors hockey program is proud to award a number of named AFA's: The Leo & Blair McArthur Athletic Excellence Award, the Mary Ann Vaughan Athletic Excellence Award for Men's Hockey, the Crosby Athletic Excellence

Award, the Ron and Lynda Glover Men's Varsity Hockey Award, the Waterloo Ravens Hockey Athletics Excellence Award, the HockeyTech Hockey Excellence Awards, and the Bobby Bauer Memorial Athletic Excellence Award. Creating a named award requires a minimum commitment of \$10,000 over 5 years, and will be matched dollar-for-dollar by the Athletics department. If you're interested in creating a named award, contact our Senior Development officer, Kristopher Cates-Bristol.

Exhibition games

The exhibition experience is becoming a major focus of the hockey program's fundraising efforts - some of the best memories that program alumni have are from exhibition games against NCAA teams, trips to the Maritimes to play USports teams, or trips overseas to take part in an European tour. The goal is to make an annual trip to an NCAA team (including the University of Michigan in 2018), and to make semi-regular trips to play Maritimes-based US-

ports opponents (once every 2-3 years) and European professional teams (once every 4 years).

Alumni Ken Cousineau and Ron Hawkshaw have kicked off our exhibition account by committing \$500/year for the next 5 years towards our exhibition experiences, and Pete Crouse and Blair McArthur have also contributed to this fund. The annual Warriors golf tournament also raises funds for these trips. If you're interested in contributing to this fund, please contact head coach Brian Bourque.

Donate online: <https://ecomcommunity.uwaterloo.ca/WarriorsAthletics>
For more info: Contact Kristopher Cates-Bristol, Sr. Development Officer,
Department of Athletics and Recreation.
Email: kbristol@uwaterloo.ca. Phone: 519-888-4567 x.30355

STAY CONNECTED

Warriors hockey on the web: www.gowarriorsgo.ca/mhockey

Warriors Hockey on Twitter: @UWWarriorHockey

Brian Bourque on Twitter: @WlooBourque

Email: bbourque@uwaterloo.ca

Mail: University of Waterloo, Att'n Brian Bourque (CIF)
200 University Ave. W, Waterloo, ON, N2L 3G1



UNIVERSITY OF
WATERLOO