

University of Waterloo Emergency Information Sheet for Visiting Teams

Date: _____ Sport: _____

Visitors: _____ Game Location: PAC gym, CIF Field # 1, 2, 3, 4, 5, Warrior, CIF Arena/gym

Student Therapist(s): _____ Call person: _____

Athletic Therapist/ MD- on duty/ on call- Name: _____ Location: _____

In the event of serious injury when you may need assistance:

- Contact the student therapist, if on field raise one arm overhead with fist closed
- The therapy staff will assist you and if necessary place the call for an ambulance

To call an ambulance in case of emergency:

- If on field raise arms overhead and arms crossed, our student therapist will make the call for you
- There is a yellow help phone pole near the gravel parking lot to the East of all of the fields, this will connect you to the Campus Police who will call the ambulance for you
- If you call directly for the ambulance via cell phone you must confirm that EMS dispatch will contact Campus Police. They will meet the ambulance and direct them to where you are located.
- In the gyms in the Physical Activities Complex the nearest phone is at the Equipment desk at Red North gym level. There is also a phone in the clinic. Call 9-1-1!!
- Please complete an on-site injury form which the student therapist will give to you.
- The safe location for severe weather- lightning, wind, etc., when on fields is the CIF facility

Emergency Numbers: Ambulance: **9-1-1**
 Campus Police: **519-888-4567 x 22222**

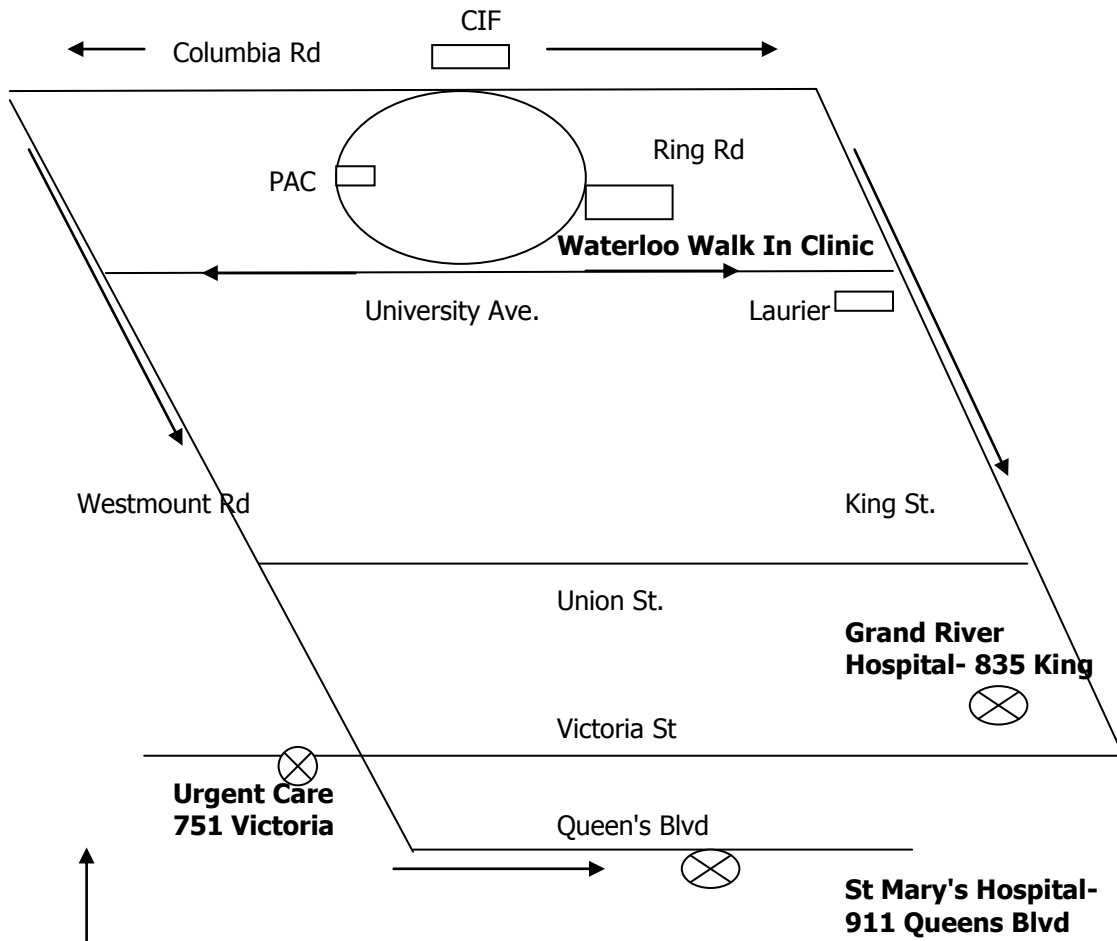
<u>Hospitals/Walk In Clinics</u>	<u>Phone</u>	<u>Directions</u>
Grand River Hospital: 835 King St W., Kitchener	519 742-3611	Columbia St or University Ave East to King St, South on King, just past Union On the Right
St Mary's Hospital: 911 Queens' Blvd, Kitchener	519 749-6410	Columbia St or University Ave West to Westmount Rd, South to Queens' Blvd, Left on Queens', hospital on the left
Urgent Care Clinic: Walk in, x ray Westmount and Victoria	519 745-2273	Columbia or University West to Westmount follow south to Victoria Use the Westmount Rd entrance to plaza on SW corner
Waterloo Walk-In: Walk in University Plaza Shops Unit #13	519-725-1514	University Plaza, Columbia to Philip follow South to University Ave follow West to Plaza entrance, Unit 13 beside Mongolian
Health Services: On call physicians *After hours only	519 651-4496	Building on the south side of the PAC, Across Ring Rd and the pond
Grand River Sports Medicine: 700 Strasburg Rd, Kitchener X rays during the weekday, Sports Medicine Physicians	519 571-7111	Columbia to Westmount, left, follow south to Block Line, left, follow to Strasburg, right into plaza, office on left
Dental: Emergency on-call	519 740-4811	*After 5pm
Campus Dentist- SLC	519 888-4567	x 84607

Host Charge Person

Visiting Charge Person



Map to Area Hospitals



Phone Numbers

Grand River	742-3611 x 2268
St Mary's	749-6410
Urgent Care	745-2273
Waterloo Walk in	725-1514

