

uWATERLOO POOL RULES

Welcome to the pool. To ensure the health and safety of all pool users, we appreciate your cooperation in following the pool rules and Ministry of Health Regulations (565). Enjoy your swim!

- In an emergency, a whistle will sound. Please clear the pool quickly to allow staff to respond to the emergency situation.
- A pool lift is available for those participants who use wheelchairs. Please ask the life guard for assistance.
- A limited number of lifejackets are available for use. Please see the lifeguards for assistance. Inflatable devices of any kind are not permitted in the pool.
- Children seven years of age or older are required to use the change room designated for their gender. If this is not suitable, see facility staff to arrange for other options.
- The Department of Athletics and Recreational Services follows the admittance policy recommended by the Lifesaving Society. Please see the lifeguards for assistance.
- Caregivers must be in the water, within arms reach of all children who have not passed the swim test.
- All children aged 12 and under must complete a swim test and obtain a wrist band prior to entering the pool. Please see the lifeguards for assistance.
- Lane swim directions are in effect at each Fitness and Rec swim. Please make yourself familiar with the system, or ask the lifeguard for assistance
- Appropriate bathing attire must be worn at all times. Modesty attire may be worn following approval for safety by the lifeguard.
- Please follow all diving board rules posted near the diving board.
- Diving is only permitted in the diving well. Only authorized users may use the starting blocks.

Thank you for your cooperation in keeping the pool safe, healthy and enjoyable for all users.

